

Browerville Phy. Ed. Participation Contract 2014-2015

Dear Parent(s) or Guardian(s):

The physical education department would like to inform you of the policies, procedures, and requirements that will allow your student to be successful in his/her physical education class. Students are required to complete physical education classes in the state of Minnesota. Please read and review this information with your child.

*****PLEASE SIGN AND RETURN THE LAST PAGE TO YOUR STUDENTS TEACHER*****

Philosophy: Browerville Public School's Health and Physical Education department is committed to educate students to become lifelong learners of wellness by participating in activities that develop behaviors which encourage good health, develop appropriate social skills and promote physical fitness in and outside the educational setting.

Grading: Grades in Physical Education are based on participation, effort, cooperation, attendance, appropriate dress, class assignments, fitness tests, and, in some units, notes, projects/reports, and written and/or applied tests.

Students will be able to earn a total of 5 points daily for participation and appropriate dress. Failure to actively participate or have their own class apparel will result in 0 points for the day and a recorded F for that class period.

Daily Points

*Start with 0 points every day. 1 point is earned for the following:

- a. Arrive on time.
- b. Dressed in active wear (shorts, athletic pants), tennis shoes, shirts with sleeves.
- c. Be active and participating to the best of your ability.
- d. Respect equipment, facilities, students, self, and teacher.
- e. Complete weight lifting daily journal.

Students with 3 tardies of any kind will count as a 10 point deduction of the overall grade.

A cut class will result in loss of points for that day and may not be made up.

Participation: Includes exercising properly, warming up, listening attentively, actively participating, and demonstrating general knowledge of skills and rules taught in each unit. Completion of class assignments and special projects will be required.

Expectations for students:

- Safety: Activity will begin only when the teacher has arrived.
- Equipment will remain untouched until the activity begins.
- Locker rooms are for changing and showering: no horseplay is allowed. Students will have 5 minutes to change for class.
- No gum or candy during class.
- Glass containers are a safety hazard and are not permitted in the locker room or gym.
- Shoes must be worn at all times.
- No jewelry or watches are allowed during class except for stud earrings.
- You are not to leave the gym area without the teacher's permission.
- **Cell phones are not allowed in class at any time.** Students with phones during class will lose total points for that day and the phone will be turned into the office until the end of the day.

Dress: All clothes must meet the school dress code.

You will have appropriate PE clothes every day for class. Athletic shoes should be rubber-soled and non-marking. They must have a back heel and be tied or fastened at all times. It is recommended for morning classes to have old tennis shoes and extra socks as grass is very wet with dew. No inappropriate sayings or symbols on clothes. Hats are not allowed. No sleeveless t-shirts. Not having clothes twice in the same quarter will result in a call to your parents.

Excuses: If you cannot participate due to illness or injury, you must bring a note from home stating the reason. One note will only excuse for that day. Extended excuses must have a doctor's note stating the reason, length of time, limitations, and possible alternative activities acceptable to the doctor. If you become ill during the school day, inform the teacher when you arrive. The nurse will decide the best course of action. If absent from class it is your responsibility to find out what you missed and make up the work.

Valuables: should be put in a baggie in your locker and locked up in the locker room. The locker rooms will remain locked during the class time. Combination locks will be provided by the school. No locks from home will be allowed. If they are not removed as requested they will be cut off. Students will be charged a fee for lost locks.

Expectations of students:

Students will be able to expect mutual respect given from their teachers.

Each teacher will try to the best of their ability to provide a safe and comfortable environment for each individual to learn without bias.

Students will be provided a non-threatening atmosphere in which assistance will be provided when needed without censure.

Teachers will protect student property by always locking locker rooms when class is in session.

Cross-ages will treat all students with respect and assist teachers in implementing class lessons.

Teachers will come prepared for class and present information in a clear and concise manner so each student understands the day's objective and why it is important to their lives.

Please sign and return to Mr. Middendorf. Thank you!

My signature below indicates that I have read and understand the rules, procedures and security information for my Physical Education class.

Student name (printed)

Student signature

Parent signature

Date

Mr. Middendorf
Teacher